

2018 Tomahawk Skate Classic Compete USA Competition January 13, 2018

Sara Park Ice Arena 900 West Somo Avenue Tomahawk, WI 54487

Announcing the annual Compete USA Competition approved by Learn To Skate USA and hosted by the Tomahawk Figure Skating Club (TFSC) at the Sara Park Ice Arena in Tomahawk, Wisconsin.

ELIGIBILITY, RULES, AND DIRECTIONS FOR PARTICIPANTS

ELIGIBILITY:

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate USA program/club or any other Learn to Skate USA program/club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM AND LEARN TO SKATE USA SKATERS THROUGH BASIC 6 must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including Moves in the Field or individual dances.

Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition. Eligibility will be based only upon highest free skate test level passed (Moves in the Field test level will not determine skater's competitive level).

It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the Local Organizing Committee discovers that a skater has been placed in a category that is below his/her class level, the chairman and referee will have the option to move the skater into the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors. **It is an ethical violation for coaches to sandbag an event.**

Eligibility will be based on skill level as of January 2, 2018.

EVENT CATEGORIES:

See the attached for each event describing the format, ice (full or half-ice), music allowed (type of music and time), required elements/moves, deductions, qualifications, and other special instructions. There will be no more than 6 skaters in any event. Each skater will receive an award.

Please note: At non-qualifying competitions, if only one eligible competitor enters an event, the entry fee will be refunded, and the event will be cancelled. If more than one competitor/team enters but, due to withdrawals, only one competitor/team appears at a singles, pairs, dance or synchronized skating event, the referee will offer the competitor/team the option to skate. If the competitor/team chooses to skate, judges will award their marks according to the rules and the applicable scoring system used, and the competitor/team will receive first place. If the competitor/team chooses not to skate, the entry fee will be refunded.

JUDGING:

The events will be judged using the 6.0 judging system.

<u>ENTRY DEADLINE AND FEES</u>: Entries will only be accepted online at http://comp.entryeeze.com/Home.aspx?cid=519. Entry deadline is 11:59 p.m. on Tuesday, January 2, 2018. Entry fees are per person, U.S. Dollars. For solo events, the first event is \$50 and each additional event is \$25. For duet/team events, the team/duet fee shall be \$30 with a \$10 per team member fee.

REFUNDS:

No refunds after closing date of January 2, 2018 unless the Tomahawk Figure Skating Club cancels event.

REGISTRATION DESK:

The registration desk will be open at the Sara Park Ice Arena during all practice ice sessions and events on Saturday, January 13, 2018. It is the responsibility of each competitor to check the schedule posted in the ice arena for official changes and events on the day of the competition. Competitors must arrive at the arena at least one hour prior to their scheduled event time. Please check-in upon arrival. Failure to arrive, check-in, and turn in your music at least one hour prior to the scheduled event may result in disqualification.

AWARDS:

Everyone will receive a medal! All events will be final rounds. Medals will be awarded to all six places in each event. In each event, first place will receive a gold medal, second place a silver medal, and third place a bronze medal. All awards will be given at appropriate times throughout the competition.

SCHEDULE OF EVENTS:

Tentative schedules including groups and skating times will be available no later than four days prior to the competition. Schedules will also be posted in the ice arena and available in the competition program on the day of the competition. All skaters should be ready to skate and check in with the Ice Monitor one hour prior to their scheduled event time.

PRACTICE ICE:

Practice Ice will be available Saturday January 13, 2018:

7:00 a.m. to 7:20 a.m.

7:20 a.m. to 7:40 a.m.

7:40 a.m. to 8:00 a.m.

8:00 a.m. to 8:20 a.m.

8:20 a.m. to 8:40 a.m.

Practice ice will be available for purchase on EntryEeze.com after registration ends; exact date TBD. The cost per session will be \$8.00. You may sign up for no more than two sessions on a first-come, first-served basis.

MUSIC:

The music for each event must be provided on CD's by the skater and turned in at the registration desk on competition day. Only one song allowed per disc. Tapes and CDRW CD's will not be accepted. A CD for each event should be clearly marked with the name of the skater, event entered, and length of music (not skating time). It is recommended that a duplicate CD be available during the event as back up. Music must be recorded within the accepted time frame for the event. Please retrieve your music at the registration desk before leaving the rink.

WISCONSIN COMPETE USA SERIES:

TFSC is proud to be a member of the Wisconsin Compete USA Series. This optional program is free to skaters and offers a series of local competitions for Compete USA competitions hosted by figure skating clubs around the state. Skaters earn points for their placements that are totaled up throughout the series and posted on the Wisconsin Figure Skating Council website. The top point earners in each level receive an additional award for their participation. For more information about the Series, dates, and locations of other competitions go to: http://fscouncilwisconsin.weebly.com.

ATTIRE:

Casual figure skating attire, such as sport or skate pant with mondors is suggested. Skating skirt or skate dress is recommended but optional. No jeans please.

LODGING: Rodeway Inn & Suites

1738 Comfort Drive

Super 8 Tomahawk 108 West Mohawk Dr

715-453-8900 715-453-5210

FACILITIES AND PARKING:

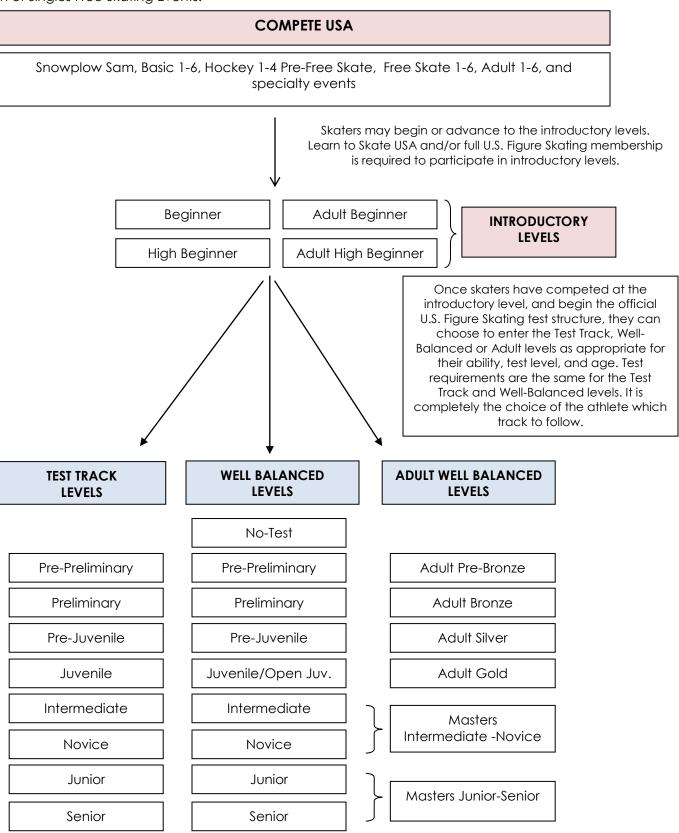
All events and practice ice sessions will be held at the Sara Park Ice Arena at 900 W. Somo Avenue in Tomahawk, WI. The arena has seating for spectators and a concession stand that will be open during the competition. Changing rooms are available at the arena for skaters. Free parking is available.

DIRECTIONS:

From U.S. Highway 51, take State Highway86/County D exit into Tomahawk. West on State Highway 86. **Go straight** for approximately 3 miles to Sara Park Ice Arena. *Hint: State Highway 86 turns into Somo Avenue.*

CONTACTS:

Preferred contact is by email to Faye Witulski at mtmommy@hotmail.com. Only those without email are asked to call Faye at 715-966-4560.



Minimum age 18 for young adult, 21 for adult track



SNOWPLOW SAM – BASIC 6 ELEMENTS

Format choice of the host: Each skater will perform each element when directed by a judge or referee. All skaters perform first element before moving on to the next and so on.

- To be skated on 1/3 to 1/2 ice.
- No music.
- All elements must be skated in the order listed.

Level	Time	Skating rules/standards
		March followed by a two-foot glide and dip
Snowplow Sam	1:00 max.	Forward two-foot swizzles, 2-3 in a row
		Forward snowplow stop
		Backward wiggles, 2-6 in a row
		Forward two-foot glide and dip
Basic 1	1:00 max.	Forward two-foot swizzles, 6-8 in a row
		Beginning snowplow stop on two-feet or one-foot
		Backward wiggles, 6-8 in a row
		Forward one-foot glide, either foot
Basic 2	1:00 max.	 Scooter pushes, right and left foot, 2-3 each foot
		Moving snowplow stop
		Two-foot turn in place, forward to backward
		Backward two-foot swizzles, 6-8 in a row
		Beginning forward stroking showing correct use of blade
Basic 3	1:00 max.	Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6
		consecutive
		Forward slalom
		Beginning backward one-foot glide, either foot
		Moving forward to backward two-foot turn on a circle
		Backward one-foot glides, right and left
Basic 4	1:00 max.	Forward outside edge on a circle, clockwise or counter clockwise
		Forward crossovers, 4-6 consecutive, both directions
		Beginning two-foot spin, maximum 2-4 revolutions
		Backward ½ swizzle pumps on a circle, one direction only
		Backward outside edge on a circle, clockwise or counterclockwise
		Backward crossovers, 4-6 consecutive, both directions
Basic 5	1:00 max.	Advanced two-foot spin, maximum 4-6 revolutions
		Forward outside three-turn, right and left
		Hockey stop
		Forward inside three-turn, right and left
Basic 6	1:00 max.	Bunny Hop
		Forward spiral on a straight line, right or left
		Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry
		T-stop, right or left



SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.

Level	Time	Skating rules/standards
		March followed by a two-foot glide and dip
Snowplow Sam	1:10 max.	 Forward two-foot swizzles, 2-3 in a row
		Forward snowplow stop
		Backward wiggles, 2-6 in a row
		Forward two-foot glide and dip
Basic 1	1:10 max.	 Forward two-foot swizzles, 6-8 in a row
		Beginning snowplow stop on two-feet or one-foot
		Backward wiggles, 6-8 in a row
		Forward one-foot glide, either foot
Basic 2	1:10 max.	 Scooter pushes, right and left foot, 2-3 each foot
		Moving snowplow stop
		Two-foot turn in place, forward to backward
		Backward two-foot swizzles, 6-8 in a row
		Beginning forward stroking showing correct use of blade
Basic 3	1:10 max.	• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6
		consecutive
		Forward slalom
		Beginning backward one-foot glide, either foot
		 Moving forward to backward two-foot turn on a circle
		Backward one-foot glides, right and left
Basic 4	1:10 max.	Forward outside edge on a circle, clockwise or counter clockwise
		 Forward crossovers, 4-6 consecutive, both directions
		Beginning two-foot spin, maximum 2-4 revolutions
		 Backward ½ swizzle pumps on a circle, one direction only
		Backward outside edge on a circle, clockwise or counterclockwise
	1:10 max.	Backward crossovers, 4-6 consecutive, both directions
Basic 5		 Advanced two-foot spin, maximum 4-6 revolutions
		Forward outside three-turn, right and left
		Hockey stop
		Forward inside three-turn, right and left
Basic 6	1:10 max.	Bunny Hop
		Forward spiral on a straight line, right or left
		Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry
		T-stop, right or left



PRE-FREE SKATE - FREE SKATE 6 COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels. Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max	 Forward inside open Mohawk from a standstill position (R to L and L to R) Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise One-foot upright spin, optional entry and free-foot position (minimum
		three revolutions Mazurka
		Waltz jump
Free Skate 1	1:15 max.	 Forward power stroking, 4-6 consecutive strokes Backward outside three-turns, right and left Upright spin, entry from backward crossovers - minimum 4-6 revolutions
		Toe loop Half flip jump
Free Skate 2	1:15 max.	 Alternating forward outside and inside spirals on a continuous axis (2 sets) Backward inside three-turns, right and left Beginning back spin, up to two revolutions Half Lutz Salchow jump
Free Skate 3	1:15 max.	 Alternating Mohawk/crossover sequence, right to left and left to right Waltz three-turns, clockwise and counterclockwise Advanced back spin with free foot in crossed leg position, min 3 revs Loop jump Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	 Forward power 3's, 2-3 consecutive sets, right or left Sit spin - minimum three revolutions Half loop jump Flip jump
Free Skate 5	1:15 max.	 Backward outside three-turn, Mohawk (backward power three-turn), both directions Camel spin - minimum three revolutions Waltz jump-loop jump combination Lutz jump
Free Skate 6	1:15 max.	 Forward power pulls, right and left Split jump or stag jump Camel, sit spin combination - minimum of four revolutions total Waltz jump, ½ loop, Salchow jump sequence Beginning Axel jump



PRE-FREE SKATE - FREE SKATE 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels. Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	 Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise One-foot upright spin, optional entry and free-foot position (minimum three revolutions Mazurka
Free Skate 1	1:40 max	 Waltz jump Forward power stroking, 4-6 consecutive strokes Upright spin, entry from backward crossovers - minimum 4-6 revolutions Toe loop jump Half flip jump
Free Skate 2	1:40 max.	 Alternating forward outside and inside spirals on a continuous axis (2 sets) Beginning back spin, up to two revolutions Half Lutz Salchow jump
Free Skate 3	1:40 max	 Alternating Mohawk/crossover sequence, right to left and left to right Advanced back spin with free foot in crossed leg position, min 3 revs Loop jump Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:40 max.	 Forward power 3's, 2-3 consecutive sets, right or left Sit spin - minimum three revolutions Half Loop jump Flip jump
Free Skate 5	1:40 max.	 Backward outside three-turn, Mohawk (backward power three-turn), both directions Camel spin - minimum three revolutions Waltz-loop jump combination Lutz jump
Free Skate 6	1:40 max.	 Split jump or stag jump Camel, sit spin combination - minimum of four revolutions total Waltz jump, ½ loop, Salchow jump sequence Beginning Axel jump



INTRODUCTORY LEVELS COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than their free skate program.

Level	Time	Skating rules/standards	
Beginner	1:15 max.	 Waltz jump ½ jump of choice Forward two-foot or one-foot spin - minimum three revolutions (free leg position optional) Forward or backward spiral 	
High Beginner	1:15 max.	 Toe loop jump Salchow jump Forward scratch spin - minimum three revolutions Forward or backward spiral 	



INTRODUCTORY LEVELS FREE SKATE PROGRAM

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	Max. 5 jump elements: • Jumps with no more than one-half rotation (front to back or back to front). • Max. 2 jump sequences • Max. 2 of any same jump	Max. 2 spins: • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner 1:40 Maximum	Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump.	Max. 2 spins: • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests



WELL BALANCED LEVELS COMPULSORY

- Elements skated on ½ ice
- Elements may be performed only once
- No music is allowed

Level	Time	Skating rules/standards
No-Test	1:15 max.	 Loop jump Jump combination to include a toe loop (may not use a loop or Axel) Solo spin - sit or camel spin - minimum three revolutions Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.
Pre- Preliminary	1:15 max.	 Toe Loop jump Jump combination: single/single (no Axel) Sit spin or camel spin - minimum three revolutions Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:15 max.	 Lutz jump Jump combination: single/single (may include Axel) Back upright spin - minimum three revolutions Forward inside spiral



WELL BALANCED FREE SKATE PROGRAM

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non qualifying competition.
- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.

Level	Time	Jumps	Spins	Step Sequences
		Max 5 Jump Elements	Max 2 Spins	Max 1 Sequence
No-Test	1:40 Maximum	 All single jumps allowed except for the single Axel No single Axels, double, triple or quadruple jumps allowed Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed Jump sequences limited to a maximum of 3 single jumps 	 Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E)) 	Step Sequence Must use one-half the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence
Pre-Preliminary	1:40 Maximum	Max 5 Jump Elements All single jumps, including the single Axel, allowed No double, triple or quadruple jumps allowed Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels) Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed Jump sequences limited to a maximum of 3 single	Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence Step Sequence Must use one-half the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence

WELL BALANCED FREE SKATE PROGRAM CONTINUED

		Max 5 Jump Elements	Max 2 Spins	Max 1 Sequence
Preliminary	1:30 +/- 10 seconds	 1 must be an Axel-type jump or a waltz jump* All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop) Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump is allowed Jump sequences limited to a maximum of 3 single or double jumps 	 Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Step Sequence Must use one-half the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence



TEST TRACK FREE SKATE

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre- Preliminary 1:40 maximum	 Maximum of 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	Maximum of 2 spins: Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	 Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 2 spins: One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating prepreliminary free skate test but may not have passed tests higher than the preliminary free skate test



SHOWCASE EVENTS

Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judge's mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice. Levels can be subdivided, if necessary, depending on entry numbers and event set up. 6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on www.usfigureskating.org.

Showcase categories may include:

- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.
- Duets: Theatrical/artistic performances by any competitors.
- Mini production ensembles: Theatrical performances by three to seven competitors.
- Production ensembles: Theatrical performances by eight to 30 skaters. Theater On Ice teams are eligible as production ensembles. NOTE: Skaters may enter only one each duet, mini production or production event.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic	May not have passed any	Time: 1:00 max.
	1-6 curriculum	higher than Basic 6 level.	
Pre-Free Skate-Free Skate	3 jump maximum. ½ rota-	May not have passed any	Time: 1:30 max.
6/ Beginner/High Begin-	tion jumps only, plus the	official U.S. Figure Skating	
ner/ Adult 1-6	following full rotation	free skate tests.	
	jumps: Salchow and toe		
	loop.		
No Test/ Pre-Preliminary/	3 jump maximum. No Ax-	Must have passed no	Time: 1:30 max.
Adult Pre-Bronze	els or double jumps per-	higher than U.S. Figure	
	mitted.	Skating Pre-Preliminary or	
		Adult pre-Bronze free	
		skate test.	
Preliminary/ Adult Bronze	3 jump maximum. Axels	Must have passed no	Time: 1:40 max.
	are permitted, but no	higher than U.S. Figure	
	double jumps allowed.	Skating Preliminary free	
		skate or Adult Bronze test.	



SPINS CHALLENGE

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions are noted in parentheses.

LEVEL	TIME	SKATING RULES/STANDARDS
Beginner	1:30 Max.	Upright one-foot spin (3)
		Upright two-foot spin (3)
		Sit spin (3)
High Beginner	1:30 Max.	Upright one-foot spin (3)
		Upright two-foot spin (3)
		Sit spin (3)
No Test	1:30 Max.	Upright one-foot spin (3)
		Upright two-foot spin (3)
		Sit spin (3)
Pre-Preliminary	liminary 1:30 Max. Upright one-foot spin (3)	
		Upright back-scratch spin (3)
		Sit spin (3)
Preliminary	1:30 Max.	Forward scratch to back scratch spin (3)
		Combination spin with no change of foot (4)
		Sit spin (3)



JUMPS CHALLENGE

- Each jump may be attempted twice; the best attempt will be counted.
- To be skated on ½ ice

LEVEL	TIME	SKATING RULES/STANDARDS
Beginner	1:15 Max	1. Waltz jump (from backward crossovers)
		2. ½ flip or ½ Lutz
		3. Single Salchow
High Beginner	1:15 Max	1. Waltz jump (from backward crossovers)
		2. Single Salchow
		3. Jump combination – Waltz jump-toe
		loop
No Test	1:15 Max	1. Single toe loop
		2. Single loop
		3. Jump combination – Any two ½ or single
		revolution jumps (no Axel)
Pre-Preliminary	1:15 Max	1. Single toe loop
		2. Single flip
		3. Jump combination - Any two ½ or single
		revolution jumps (no Axel)
Preliminary	1:15 Max	1. Single flip
		2. Single Lutz
		3. Jump combination – Any single jump +
		single loop (may be Axel)